Letter of Recommendation - Molly Gill

Chris Coleman 47 Henry Street Merewether NSW, 2291 Australia

To whom it may concern:

It is with great pleasure that I write this letter of recommendation for Molly Gill. Over the past two years, I have had the opportunity to coach Molly primarily in the role of batting coach. This has allowed me to witness the growth of Molly as a hitter and overall as a softball player.

Molly had only been playing the game for a couple of years and had set her goals of making the New South Wales (NSW) state team to play in the 2021/2022 U16 National Championships. Molly initially came to me as a right hand hitter. Her dedication to her individual one on one batting sessions, combined with her work ethic away from these sessions culminated with Molly being selected in the NSW team. Molly continued to show her dedication travelling 2 ½ hours each way, two and sometimes three times a week to her state team training program in Sydney. Molly's work ethic was clearly evident as she also continued to attend individual batting sessions with me during this period. Unfortunately, immediately prior to Nationals starting, Molly sustained an injury which prevented her from competing during the tournament. Despite this setback, Molly proved that she was a great team player by contributing any way she could to help the team during the tournament. The level of enthusiasm and positive support she displayed to her team mates and the coaching staff for the entire week is highly commendable for such a young athlete. Immediately following the tournament, Molly proactively sought drills and skills she could work on whilst recovering from her injury.

Molly continued to work hard leading up to the state team trials and selection camps for the 2022/2023 National Championships. Molly's hard work and perseverance was again rewarded with selection in the U16 NSW state team.

Due to her speed, her State Team Head Coach requested Molly convert to left handed batting with a focus on bunts and running slaps. Molly embraced this challenge and worked extremely hard on this new skill. Her work effort, tenacity and improvement resulted in Molly being selected in the starting nine for the NSW side. Her performance during the tournament was rewarded with Molly being selected in the starting nine for the grand final. Molly's overall stats for the tournament were: Plate Appearance – 33 At Bats – 30 Hits – 14 Batting Average – .467 Slugging Average – .533 On Base Percentage – .545

Molly also had a fielding percentage of 1.000

Molly possesses numerous qualities that make her a fantastic addition to any team. On an individual basis, she is always punctual, enthusiastic and very dedicated. Molly is very receptive to feedback and willing to ask questions ensuring she understands expectations placed on her. As a team player, Molly is always considerate and supportive of her team mates, and provides a positive influence to those around her. Molly has a thirst for knowledge and continues to grow both as an athlete and as a team player. These attribute also make Molly a great role model.

Despite the heavy workload required of Molly during her Nationals campaign, not only in a physical and mental sense, but in addition to the extensive travel time required for attending training sessions, Molly has continued to apply herself to her school studies and achieved six A's and three B's in her chosen subjects. Molly's scholastic efforts were recognised with multiple awards at the end of school year. These awards included:

- Academic Excellence
- Principles Award for Diligence and Sustained Effort
- Sporting Blues Medal for Softball
- Principles Award for Outstanding Results in the Quality Learning Expo
- Academic Growth Award

In closing, Molly is a wonderful young athlete who continues to grow and develop and I look forward to watching her future development, and wish her the best in her chosen endeavours.

Sincerely,

Chris Coleman NSW State Coach

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